

parenting west lothian



Parenting Programme

January 2012 – June 2012

Teams Involved

Sure Start

Suite 9
2nd Floor
Lomond House
Beveridge Square
Livingston
EH54 6QF
Tel 01506 774440
Email surestart@westlothian.gov.uk
www.wlcsurestart.org.uk

Parenting Co-ordinator

enquiries@parentingwestlothian.org.uk

Livingston Family Centre

5 Jackson Place
Eliburn
Livingston
West Lothian
EH54 6RH
Tel 01506 775775

Whitdale Family Centre

Whitdale Early Years Centre
55b Whitdalehead Road
Whitburn, West Lothian
EH47 8JU
Tel 01501 744380

Children and Young People Team

Central, North and West (3 teams)
Bathgate Partnership Centre
South Bridge Street
Bathgate
West Lothian
EH48 1TS
Tel 01506 282948
cyp@westlothian.gov.uk

Barnardos Family Support Service

Melbourne House
94 Mid Street
Bathgate
West Lothian
EH48 1QF
Tel 01506 656325
www.barnardos.org.uk

For information on the venue for Peep groups and referral information regarding the ADHD group please email enquiries@parentingwestlothian.org.uk .

Terms

Term 1 August – December

Term 2 January – Easter

Term 3 Easter – June

Please find our proposed Parenting Programme for January 2012 to June 2012.
This programme will be updated at the end of each term and the courses will run in line with availability and demand.

Some groups require participants to meet set criteria and a referral will be necessary for those groups marked as “R” in the referral column.

Family Centre groups are mainly by referral via Early Years Services Group, please contact the Family Centre for their full programme.

Those groups marked with a star may have a crèche (subject to available and demand)

In addition to the Parenting Programmes listed, each service offers a range of activity and support groups. <http://www.wlcsurestart.org.uk>

Sure Start also offers antenatal services for young mums and young dads to be. Please see the links below.

http://www.wlcsurestart.org.uk/antenatal_mums.htm

http://www.wlcsurestart.org.uk/antenatal_dads.htm

Please contact the team directly to book onto a parenting programme or to find out what is running in your area.

We hope this programme helps you to find a suitable group. If you have any difficulty or require further information please email enquiries@parentingwestlothian.org.uk

Group Name	Area	Term	Parent / Both	Universal / Referral only	Criteria	Link	Team
ADHD Parenting Group	Bathgate	2	Parent	R	Parent of children diagnosed with ADHD -	http://parentingwestlothian.org.uk/parenting_children_with_adhd.htm	Barnardos
Crosshouse Support Group	Linlithgow	2	Both	R	Women with post-natal ill health		SS
Dads Group	Livingston - Eliburn	2	Both	R	Dad with child in West Lothian		SS LFC
Dads Ongoing Support	Armadale	2	Parent *	R	Dads who have completed GTTD 2		CYP W
Getting Through The Day	Livingston - Dedridge	2	Parent	R	Parent of primary age child living locally	http://parentingwestlothian.org.uk/gettingthroughtheday_primary.htm	CYP C
Getting Through The Day	Armadale	2	Parent *	R	Parent of primary age child living locally	http://parentingwestlothian.org.uk/gettingthroughtheday_primary.htm	CYP W
Getting Through The Day - through Autism	Livingston - Craigshill	2	Parents	R	Parents of children diagnosed with Autism (8 years+)		PC & Signpost
GTTD - A Survival Course for Parents of Teenagers	Whitburn	2	Parent	R	Parent of teenager in West Area	http://parentingwestlothian.org.uk/gettingthroughtheday_teenagers.htm	CYP W
GTTD LAC Home Supervision	tbc	2	Both	R	Parents of children on HS Order (West Lothian)	http://parentingwestlothian.org.uk/lac%20parenting%20groups.htm	PC
GTTD LAC Support Group	Livingston - Deans	2	Parent	R	Parent previously completed LAC & GTTD (West Lothian)	http://parentingwestlothian.org.uk/lac%20parenting%20groups.htm	PC
Incredible Years	Livingston - Dedridge	2	Parent *	R	Parent of child 3-6 yrs Livingston & Calder area	http://parentingwestlothian.org.uk/incredibleyears_parents_preschool.htm	CYP C
Incredible Years	Whitburn	2	Parent *	R	Parent of child 3-6 yrs Livingston & Calder area	http://parentingwestlothian.org.uk/incredibleyears_parents_preschool.htm	SS
Incredible Years (Toddlers)	Livingston - Craigshill	2	Parent *	R	Parent of child 1-3 yrs in local area	http://parentingwestlothian.org.uk/incredibleyears_parents_toddlers.htm	SS
Incredible Years (Toddlers)	Addiewell	2	Parent *	R	Parent of child 1-3 yrs in local area	http://parentingwestlothian.org.uk/incredibleyears_parents_toddlers.htm	SS
Incredible Years Foster Carers	tbc	2	Parent *	R	For Foster Carers of children 3-6 years	http://parentingwestlothian.org.uk/incredibleyears_parents_preschool.htm	SS
Mellow Babies	tbc	2	Both	R	tbc	http://parentingwestlothian.org.uk/mellowparenting.htm	SS
Mellow Dads	Livingston - Eliburn	2	Both	R	Dad with a child under 5 in West Lothian	http://parentingwestlothian.org.uk/mellowparenting.htm	PC
Mellow Parenting	tbc	2	Both	R	Parents of primary children (West Lothian)	http://parentingwestlothian.org.uk/mellowparenting.htm	CYP C
Men Behaving Daddly	Whitburn	2	Both	R	Dad with child in West Lothian	http://parentingwestlothian.org.uk/dads%20support%20groups.htm	SS WFC
PEEP	Addiewell	2	Both	U	Parent and child (4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Armadale	2	Both	U	Parent and child (3 - 4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Bathgate	2	Both	U	Parent and baby/child 0-4 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Bathgate	2	Both	U	Parent and child (4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Blackburn	2	Both	U	Parent and child (2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Blackridge	2	Both	U	Parent and baby group	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Boghall	2	Both	U	Parent and child 3 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Bridgend	2	Both	U	Parent and baby	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Livingston - Craigshill	2	Both	U	Parent and child (3 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Livingston - Craigshill	2	Both	U	Parent and child (3-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Livingston - Dedridge	2	Both	U	Parent and child (3-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Livingston - Knightsridge	2	Both	U	Parent and baby	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Livingston - Knightsridge	2	Both	U	Parent and child (2-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED

Group Name	Area	Term	Parent / Both	Universal / Referral only	Criteria	Link	Team
PEEP	Livingston - Ladywell	2	Both	U	Parent and baby/child 0-4 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Livingston - Ladywell	2	Both	U	Parent and child (1-2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Polbeth	2	Both	U	Parent and child (2-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Stoneyburn	2	Both	U	Parent and child (3 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	West Calder	2	Both	U	Parent and child (aged 0-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Whitburn	2	Both	U	Parent and child (2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Whitburn	2	Both	U	Parent and baby/child 0-4 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Whitburn	2	Both	U	Parent and child (4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Winchburgh	2	Both	U	Parent and child (2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
Positive Steps	Tbc	2	Both	R	Women with post-natal ill health	http://parentingwestlothian.org.uk/positivesteps.htm	SS
Transition P7-S1 (for Parents)	Armadale	2	Parent	R	Parent of child in P7, Armadale area	http://parentingwestlothian.org.uk/P7_S1_Transition_Group.htm	CYP W
Transition P7-S1 (for Parents)	Whitburn	2	Parent	R	Parent of child in P7, Whitburn area	http://parentingwestlothian.org.uk/P7_S1_Transition_Group.htm	CYP W
ADHD Parenting Group	Bathgate	3	Parent	R	Parent of children diagnosed with ADHD	http://parentingwestlothian.org.uk/parenting_children_with_adhd.htm	Barnardos
Crosshouse Support Group	Linlithgow	3	Both	R	Women with post-natal ill health		SS
Dads Group	Livingston - Eliburn	3	Both	R	Dad with child in West Lothian		SS LFC
Getting Through The Day 2	Tbc	3	Parent	R	Fathers with children living in West Lothian	http://parentingwestlothian.org.uk/gtttd2.htm	PC
GTDD - A Survival Course for Parents of Teenagers	Boghall	3	Parent	R	Parent of teenager in West Area Parent previously completed LAC & GTTD (West Lothian)	http://parentingwestlothian.org.uk/gettingthroughtheday_teenagers.htm	CYP W
GTDD LAC Support Group	Livingston - Deans	3	Parent	R		http://parentingwestlothian.org.uk/lac%20parenting%20groups.htm	PC
Men Behaving Daddly	Whitburn	3	Both	R	Dad with child in West Lothian	http://parentingwestlothian.org.uk/dads%20support%20groups.htm	SS WFC
PEEP	Addiewell	3	Both	U	Parent and child (4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Armadale	3	Both	U	Parent and child (3 - 4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Bathgate	3	Both	U	Parent and baby/child 0-4 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Bathgate	3	Both	U	Parent and child (4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Blackburn	3	Both	U	Parent and child (2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Blackridge	3	Both	U	Parent and baby group	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Boghall	3	Both	U	Parent and child 3 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Bridgend	3	Both	U	Parent and baby	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Livingston - Craigshill	3	Both	U	Parent and child (3 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Livingston - Craigshill	3	Both	U	Parent and child (3-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Livingston - Dedridge	3	Both	U	Parent and child (3-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Livingston - Knightsridge	3	Both	U	Parent and baby	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP Group in Planning	Livingston - Knightsridge	3	Both	U	Parent and child (2-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED

Group Name	Area	Term	Parent / Both	Universal / Referral only	Criteria	Link	Team
PEEP	Livingston - Ladywell	3	Both	U	Parent and baby/child 0-4 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP <i>Group in Planning</i>	Livingston - Ladywell	3	Both	U	Parent and child (1-2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Polbeth	3	Both	U	Parent and child (2-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Stoneyburn	3	Both	U	Parent and child (3 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	West Calder	3	Both	U	Parent and child (aged 0-4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Whitburn	3	Both	U	Parent and child (2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Whitburn	3	Both	U	Parent and baby/child 0-4 years	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP <i>Group in Planning</i>	Whitburn	3	Both	U	Parent and child (4 years)	http://parentingwestlothian.org.uk/peep.htm	ED
PEEP	Winchburgh	3	Both	U	Parent and child (2 years)	http://parentingwestlothian.org.uk/peep.htm	ED
Positive Steps	tbc	3	Both	R	Women with post-natal ill health	http://parentingwestlothian.org.uk/positivesteps.htm	SS
Transition P7-S1 (for Parents)	Livingston - Deans	3	Parent	R	Parent of P7 Child moving to S1	http://parentingwestlothian.org.uk/P7_S1_Transition_Group.htm	CYP N
Transition N2P1 (for Parents)	tbc	3	Parent	R	Parent of nursery child moving to P1 in West area Parent of nursery child moving to P1 at Bankton	http://parentingwestlothian.org.uk/n2p1%20support%20group.htm	CYP W
Transition N2P1 (for Parents)	Livingston - Dedridge	3	Parent	R	PS Parent of nursery child moving to P1 at Harrysmuir	http://parentingwestlothian.org.uk/n2p1%20support%20group.htm	CYP C
Transition N2P1 (for Parents)	Livingston - Ladywell	3	Parent	R	PS Parent of nursery child moving to P1 at Parkhead	http://parentingwestlothian.org.uk/n2p1%20support%20group.htm	CYP C
Transition N2P1 (for Parents)	West Calder	3	Parent	R	PS	http://parentingwestlothian.org.uk/n2p1%20support%20group.htm	CYP C
Transition N2P1 (for Parents)	Livingston - Knightsridge	3	Parent	R	Parent of nursery child moving to P1	http://parentingwestlothian.org.uk/n2p1%20support%20group.htm	CYP N